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Firewood and timber collection and management strategies from early medieval sites in eastern England. Initial results from the anthraco typological analysis of oak charcoal remains

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11

12 Abstract

The study of charcoal from archaeological sites often focuses on merely the 13 identification of taxa. However, the anthraco-typological analysis of oak charcoal 14 offers extensive evidence about the wood diameter, growth pattern, and 15 16 minimum age of the trees selected for harvest. This in turn gives valuable data 17 on palaeoecology and woodland management. This review focuses on early stage results from oak charcoal remains from three early medieval rural sites in 18 19 eastern England, dating from the 5th to the 9th century AD. Over 200 fragments 20 of oak charcoal were selected and examined to identify the size class of the wood, the growth patterns and whether the wood was sapwood or heartwood. 21 This has then given evidence of timber and fuel wood collection strategies and 22 23 woodland management regimes. The data has provided additional evidence on the nature of the sites' features. Furthermore, the analysis has allowed 24 25 comparisons to be drawn between the three contemporary sites, as well as to expand the archaeobotanical record to a more detailed understanding of the 26 environment around these settlements. Exceptional material from the early 27 medieval site of Flixborough has allowed a unique insight into the selection of 28 29 timber and possible long-term woodland management strategies undertaken in the area during the mid 8th to 9th century AD. The results will be discussed 30 31 regarding the economic and environmental context, demonstrating the value of 32 dendro-anthracological tools in adding additional detail and a new understanding 33 of these sites.

34

35 KEY WORDS: Wood Charcoal, Wood Diameter, Radial Growth,
36 Sapwood/Heartwood, Dendro-anthracology
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41 1. Introduction

42

43 Woodlands are not a static feature of the landscape. They have always been 44 considered a commodity and exploited according to the needs of the community. 45 Changes in the needs of the population due to various factors such as 46 demographic pressures may cause the management strategies to change, for example from managed harvesting to the clearing of ground for arable land 47 48 (Haneca et al., 2009). By the early medieval period Britain is described as 49 having lost most, if not all, of its wild wood, with most of the cultivatable land 50 being given over to agriculture and the remaining land being heath and 51 moorland (Rackham, 1994). Woodland usually represents managed naturally 52 grown trees clustered in 'islands' amongst farmland. The term forest is not used 53 in this article so as to avoid confusion with the medieval use of the term 'Forest'; 54 a place for keeping and hunting deer (Rackham 2006: 24-27). During the early 55 medieval period there were areas of Britain which had little or no woodland 56 (Hooke, 2010: 120). By the end of this period the Domesday book records the 57 county of Lincolnshire (the county in which Flixborough is situated) as only 58 having 4% of its area covered by woodland and Northamptonshire (the county in 59 which Dando Close and Higham Ferrers are situated) as having 8.8% of its area 60 covered by woodland (Rackham, 1995: 54).

61

62 Palynology and anthracology are common proxies used to reconstruct woodland 63 environments (Haneca, 2005). Evidence for the state of Britain's woodlands 64 during the early medieval period is heavily reliant on pollen evidence. Although 65 post Roman abandonment of managed woodlands and the reforesting of 66 cultivated areas has often been suggested, the pollen evidence only supports 67 this for some areas in the north west and north of England between AD 400-800 68 (Dark, 2000:156) and (Huntley, 2010:31). This in turn highlights the problem 69 with relying on pollen evidence as most sites are primarily located either in the 70 western and northern edges of Britain, or in the southeast (Gearey and Richer,

71 2017). The sites under analysis here are situated in the East of Britain and do72 not have relative pollen data.

73 Alternatively, anthracological analysis of assemblages can provide an 74 assessment of the wood harvested for domestic and industrial purposes. The 75 analysis of charcoal differs from a pollen reconstruction as it is normally a result 76 of human interaction with the environment during the period under investigation 77 and therefore represents the past vegetation and how the inhabitants interacted with it (Asouti and Austin, 2005). Unfortunately, the number of anthracological 78 79 assessments from the early medieval period in Britain is scarce in comparison to 80 the preceding Roman period (Smith 2002, Murphy et al., 2001 and Huntley, 81 2010). Assessments that include interpretations relating to the age, size, and 82 possible woodland management strategies are particularly limited. There are however examples of evidence of wood selection recorded and interpreted by 83 84 anthracologists. Robinson's (1997) analysis at Clacket Lane, Surrey, concluded 85 that mature slow growing oak branch wood (identified by the presence of 86 tyloses) was being selected for pottery furnaces. Another example is the Saxon pottery kiln at Michelmersh, Hampshire where Gale (2007) identifies the 87 88 maturity of oak wood by assessing the presence of heartwood versus sapwood 89 and stem diameters. Hall and Kenward (2004: 412) discuss the local woodland management around medieval York by interpreting the number of growth rings 90 91 present in willow and hazel rods recovered from urban deposits. These three 92 examples rely on the presence of round wood to identify age as well as the 93 presence of tyloses to indicate heartwood in oak.

94 More recent studies have seen the adoption of anthracological approaches from 95 continental Europe. Crew and Mighall's (2013) assessment of a medieval 96 bloomery in Snowdonia calculates the estimated diameter of the charcoal 97 fragments following Nelle's (2002) and Ludemann's (2008) diameter stencil 98 method. This has allowed them to interpret the woodland management strategies at the site. Additionally, the study by Hazel et al. (2017) of charcoal 99 100 from the post-medieval charcoal burning platforms at Barbon, Cumbria, uses an 101 array of measurements based on methodology set out by Marguerie and Hunot 102 (2007), including the number of growth rings, a qualitive assessment of the ring 103 curvature, the presence of pith, bark, reaction wood, tyloses, degradation, radial 104 fractures and vitrification level.

As of yet no study in Britain has used a quantitative combination approachfollowing those set out in this article, making this initial study unique in Britain.

107 Oak is a preferred timber tree because of its durability and mechanical 108 properties and can be found in the construction of castles, cathedrals as well as 109 domestic buildings (Haneca et al., 2009). Oak also responds well to coppice and pollarding (Rackham, 1995: 8). The ubiquitous presence of oak charcoal in 110 111 archaeological assemblages from the early medieval period, (Smith, 2002, Murphy et al., 2001 and Huntley, 2010) make it the ideal genus for dendro-112 113 anthracological analysis. This research represents the innovative application of 114 dendro-anthracological tools to archaeological assemblages rich in oak charcoal. 115 For the first time this methodology has been applied to three sites in early 116 medieval eastern England.

117 The objectives of the dendro-anthracological analysis were to:

(i) identify wood collection strategies, including the tree's estimated minimumdiameter and what parts of the tree were being exploited.

(ii) identify the growth rate and potential age range of the trees beingharvested.

(iii) inter-site and temporal comparisons of the size, growth rate and what partof the trees were being used.

124 (iv) identify evidence of possible woodland management or climatic and125 environmental impacts on the growth of the trees.

126 2. Regional setting

127

128 Charcoal from samples not previously examined were chosen from three early 129 medieval sites in eastern England (Fig. 1). The sites of Dando Close, and Higham 130 Ferrers are in the county of Northamptonshire, and the site of Flixborough is in 131 Lincolnshire, England.

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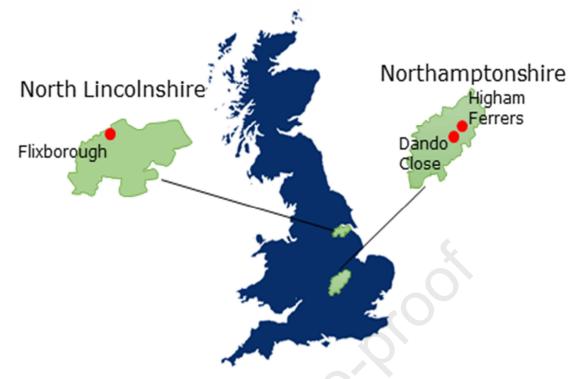


Fig. 1. Location of the three study sites.

133

The site of Dando Close is situated in the village of Wollaston on a ridge of 136 137 limestone overlooking the alluvial plain of the Nene Valley, 5 km east of the 138 River Nene (British Geological Survey, 2020). The area has a temperate oceanic climate with an average rainfall of between 500 and 750 mm annually. The 139 average summer temperature is between 14.8 and 15.8 °C and the average 140 141 winter temperature is between 3.8 and 4.2 °C. (Met Office, 2020). Approximately 142 5.2% of the county is covered in woodland (compared to 10% nationally). 57% of this is broadleaved and 43% is coniferous or mixed scrubland species 143 (Northamptonshire County Council 2020). The village of Wollaston has limited 144 145 woodland with 3.35 hectares of small plots of broadleaved woodlands within 2 146 km of the site (Forestry Commission 2020).

Heritage Network Ltd undertook the excavations at Dando Close, between 2000
and 2002. The excavation revealed an early medieval settlement with remains
dating from the 5th to the 14th centuries AD (Semmelmann and Ashworth 2003:
2). The contexts sampled included, fills of post-holes, fills of an oven, fills of
sunken feature buildings, and fills of hearths.

152

¹³⁵

153 The site of Higham Ferrers is situated in the town of the same name on a ridge 154 of limestone on the eastern bank of the River Nene. The surrounding occupation 155 area includes alluvial plains and a Boulder Clay plateau (British Geological 156 Survey). The area has a temperate oceanic climate with an average rainfall of 157 between 500 and 750 mm annually. The average summer temperature is between 14.8 and 15.8 °C and the average winter temperature is between 3.8 158 and 4.2 °C. (Met Office, 2020). The town of Higham Ferrers has limited woodland 159 160 with 9.72 hectares of small plots of broadleaved woodlands within 2 km of the 161 site, most of which is situated in the nearby Nene Valley (Forestry Commission 162 2020).

163 The Oxford Archaeological Unit excavated the site between 1993 and 2003 164 (Hardy et al., 2007). The excavation uncovered a rural settlement with 165 continuous occupation from the Roman to the medieval period, including a large 166 8th century AD enclosure and associated buildings. Sampled contexts included 167 the fill of pits, the fill of sunken feature buildings and residues from a malting 168 oven.

169

170 The site of Flixborough, North Lincolnshire is situated on a series of windblown sand spurs 8 km south of the Humber estuary. The site overlooks the floodplain 171 172 of the River Trent (Loveluck, 2007: 3). The area has a temperate oceanic climate with an average rainfall of between 560 and 660mm annually. The 173 174 average summer temperature is between 14.8 and 15.8 °C and the average winter temperature is between 3.8 and 4.2 °C (Met Office, 2020). Just over 4% 175 176 of Lincolnshire is covered by woodland, making it one of the least wooded 177 counties in Britain. 57.5% of this is broadleaved and 42.5% is coniferous or 178 mixed scrubland species (Collop, 2011). The area around the village has 179 approximately 55.21 hectares of mainly broadleaved woodland within 2 km of the site (Forestry Commission, 2020). 180

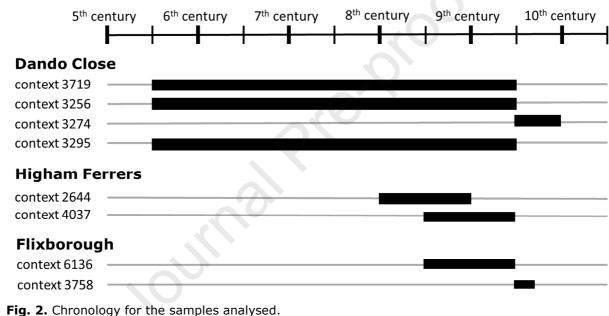
181 The excavation was conducted by Humberside Archaeology Unit between 1989 182 and 1991 and funded on behalf of English Heritage. The excavation uncovered 183 the remains of an early medieval settlement, including over thirty buildings 184 dating from the early 7th to the mid 14th centuries AD. Also uncovered were well 185 preserved refuse deposits containing large quantities of artefacts, faunal remains

186 and charcoal, sealed by windblown sand (Loveluck, 2007: 8). The charcoal 187 remains from the site were exceptionally well preserved with many large 188 fragments, some of which show carpenter tool marks (Loveluck and Darrah 189 2007: 57).

190

This study focuses on the early medieval period between the 5th and 10th 191 192 centuries. (Fig. 2). Dating for the sites was based on stratigraphic, artefactual 193 and scientific dating where possible (Hardy et al., 2007: 13, Semmelmann and 194 Ashworth, 2003: 29), and (Loveluck, 2007: 8-30).

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- 3. Material and methods 199
- 200 3.1. Material

Sample selection was based on three criteria. Firstly, the date of the samples 201 202 were selected to be similar across the three sites. This would allow comparisons 203 to be drawn between the sites. Secondly, samples were selected from contexts 204 of interest, such as domestic refuse deposits and specialised structures, like that 205 of the malting oven at Higham Ferrers. This criteria allowed short and long term 206 deposits to be sampled, with long term deposits likely to give information on the 207 diversity of the vegetation and short term deposits more likely to represent 208 specific composition of the last firing event (Chabal et al., 1999: 61). Finally,

samples with an abundance of large oak fragments were selected. This would optimise the chances of enough suitable fragments being available for dendroanthracological assessment.

212

213 3.1.1. Dando Close

A bulk sampling strategy was adopted for the site whereby all dateable features 214 215 were sampled. As a result, 714 bulk samples were taken for analysis. The bulk 216 samples were sent to Environmental Archaeology Consultancy to be processed 217 using a Siraf flotation tank fitted with a 0.5 mm sieve to collect the light fraction and a 1 mm mesh to collect the heavy residue. Once the flots were dry the 218 219 heavy residue was refloated to create a second light fraction allowing for the 220 recovery of additional charred material that could have been potentially still 221 trapped in the sediment.

222 Environmental Archaeology Consultancy loaned 41 unanalysed light fraction 223 samples for the author's PhD research project. Of these, four samples were 224 selected for this dendro-anthracology study.

The sample from context 3295 (mid 5th to mid 9th century AD) comes from the fill of a post hole from a sunken feature building.

The sample from context 3256 (mid 5th to mid 9th century AD) comes from a post hole not associated with any buildings containing a large amount of charcoal consisting nearly exclusively of oak.

- The sample from context 3719 (mid 5th to mid 9th century AD) comes from a
 hearth containing a large amount of oak charcoal.
- The sample from context 3274 (mid 9th to 10th century AD) comes from the fill of a post-hole believed to be from a burnt down grain store due to the large amount of grain found in the post holes. It was postulated that the grain relates to a single burning incident (Rackham, 2003).
- 236
- **237** 3.1.2. Higham Ferrers

Oxford Archaeology undertook the environmental sample processing at Higham Ferrers. Bulk samples were taken at the discretion of the excavator and in consultation with the archaeobotanist. Occupation material, as well as context deemed of interest were sampled. 94 samples in total were collected. 42 samples were processed by Siraf flotation using a 0.25 mm sieve to collect the light fraction and a 1 mm mesh to collect the heavy residue. The Oxford

Archaeological Unit loaned five unanalysed charcoal samples from the publishedsite of Higham Ferrers, two of which were selected for this study.

246

The sample from context 2644 (early to late 8th century AD) comes from the fill of a post-pipe located in a dwelling. The material is believed to be domestic in origin or from grain processing.

The sample from context 4037 (late 8th to early 9th century AD) comes from the bottom of a flue in a stone built malting oven. The botanical remains were rich in barley, a proportion of which showed signs of sprouting (Moffett, 2007).

253

254 3.1.3. Flixborough

Humberside Archaeology Unit undertook the environmental sampling at Flixborough. 560 samples and sub-samples from 386 contexts were taken. Due to the exceptional preservation of the charcoal in the refuse deposits, it was collected on site as spot finds to avoid mechanical damage (Hall, 2000). The North Lincolnshire Museum archive loaned nine samples of hand-collected charcoal from excavated contexts of which two were selected for this study.

The sample from context 6136 (mid 8th to early 9th century AD) and the sample from context 3758 (mid 9th century AD) both come from large waste dumps in a shallow valley. The contents of which are believed to be the result of rebuilding or the demolition of structures on the site.

265

266 3.2. Methods

267 3.2.1. Anthracology method

268 The anthracological analysis of the charcoal followed Chabal et al. (1999: 66-67)

recommendations, that to recover the full range of taxa in an assemblage it is

270 necessary to establish a fragment/taxa curve until a plateau is reached.

271 For each sample a minimum of 100 fragments were analysed. The charcoal was 272 graded into >4 mm and 2-4 mm fractions and all fragments were then analysed. 273 Fragments were fractured following standard methods of preparation (Leney and 274 Casteel, 1975). The fragments were fractured so as the transverse section could 275 be observed using a low power stereomicroscope at x10-40 magnification, 276 allowing the growth rings to be examined and counted. The fragments were then 277 fractured in all three sections (transverse, tangential longitudinal and radial 278 longitudinal) and observed using an epi-illuminating microscope at

279 magnifications of x100-500, so as the key features could be recorded. The 280 anatomy of the fragment was then compared with published sources (Hather, 281 2000; Schweingruber, 1982) and with the modern charcoal sample from a 282 reference collection available at the Department of Classics and Archaeology of 283 the University of Nottingham. Identification to genus level was usually possible, 284 however trees and shrubs belonging to the apple subfamily (Maloideae) 285 including hawthorn (*Crataegus*), apple (*Malus*), pear (*Pyrus*) and mountain ash/service (Sorbus) are notoriously difficult to identify to genus and therefore 286 287 were labelled as Maloideae. It is often difficult to distinguish between willow 288 (Salix sp.) from popular (Populus sp.) based on their wood anatomy. The 289 distinguishing feature used here are the predominance of heterogeneous rays visible in the radial section of willow. Popular has a predominance of 290 291 homogeneous rays. Where the rays were not visible or there was not a 292 predominance of either heterogeneous or homogeneous rays the label of 293 popular/willow was given to the fragment (Hather 2000: 111). Oak fragments 294 were identified as *Quercus* dec. (deciduous oak) as anatomically the two species 295 of common deciduous oak pedunculate (Quercus robur L.) and sessile oak 296 (Quercus petraea (Matt.) Liebl.) cannot be differentiated based on their wood 297 anatomy. Charcoal fragments of oak that had a 2 mm or greater transverse 298 cross section and at least one entire growth ring including both boundaries were 299 separated for further dendro-anthracological analysis.

- 300
- **301** 3.2.2. Dendro-anthracological method

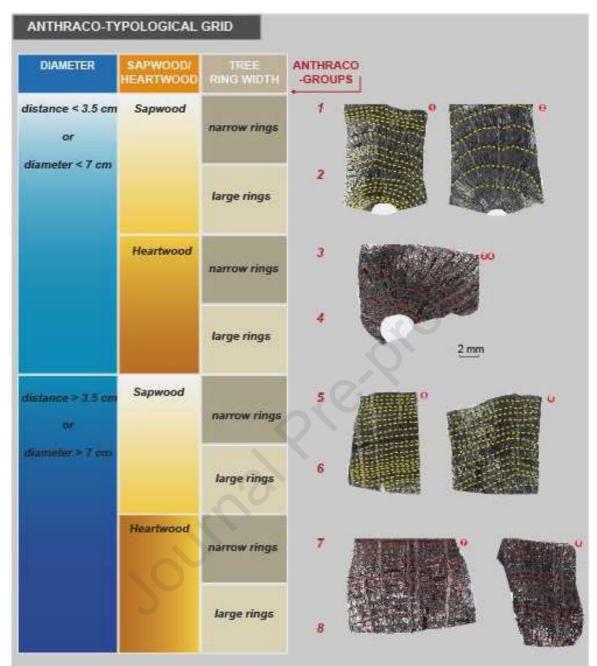
302 Oak provides clearly identifiable anatomy, such as growth rings and ligneous 303 rays which facilitate measurements as well as the ability to identify the 304 lignification process where heartwood is created. Fragments of oak charcoal 305 were observed using a Nikon AZ100 multizoom microscope with magnification 306 factors of x4 to x500 and NIS Element image analysis software based at the 307 UMR 7209 (MNHN/CNRS, Paris) according to the protocol defined by Dufraisse et 308 al. (2018a).

At its core, dendro-anthracology aims by means of several different tools to identify where in the tree the fragment of charcoal originated in respect of the centre of the stem, thus allowing the growth rate and the diameter of wood harvested to be calculated (Dufraisse et al., 2018a). Firstly, the fragment is assessed as to whether it shows the presence of sapwood or heartwood, this is

314 achieved by calculating the ratio of tyloses filled vessels versus empty vessels. 315 Up to 50 vessels spread over 3-4 rings are counted. If over 85% of the vessels 316 have tyloses, the fragment is considered to be heartwood. Those fragments 317 where less than 65% of the vessels have tyloses are recorded as sapwood. This 318 measurement estimates the minimum age range of the wood, as heartwood 319 generally forms in oak wood after 20 to 25 years (Dufraisse et al. 2018b). 320 Secondly, the pith estimation tool. This calculates an estimated minimum radius 321 for the charcoal fragment being studied. This is done by measuring the radius of 322 the fragment from the outermost complete growth ring using a trigonometric 323 tool to measure the angle and the distance between two ligneous rays (Dufraisse 324 et al., 2020). The measurement is repeated five times and the average is calculated after removing the two extreme values. The radius value then gives a 325 326 projected diameter (radius x2) and is grouped in diameter classes according to 327 Dufraisse et al. (2018a) 0-2 cm, 2-4 cm, 4-7 cm, 7-10 cm 10-20 cm, and >20 328 cm. Finally, the growth rings of each fragment are measured to the nearest 0.01 329 mm and the average calculated for the fragment. A threshold of 1.5 mm is used 330 to differentiate narrow from wide rings. Additionally, the growth pattern of 331 fragments with multiple rings was recorded. The measured width for the growth 332 ring has a correction of an additional 20% applied to compensate for the 333 shrinkage effect while being transformed from wood to charcoal. This is based 334 on experimental work carried out by Paradis-Grenouillet and Dufraisse (2018) 335 where oak wood underwent carbonization (heating without oxygen as described 336 by Braadbaart and Poole (2008)) and the reduction in size was measured. The 337 combination of these parameters makes it possible to arrange each fragment 338 into 8 anthraco-groups (Fig. 3). The first division separates the fragments into 339 less or greater than 7 cm diameter and relates to the limit between branches 340 and trunks in deciduous oak woodlands. The next division combines specific 341 threshold values between sapwood and heartwood and narrow and large rings 342 (Dufraisse et al., 2018a).

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349 Fig. 3. Anthraco-typological grid, from Dufraisse et al., 2018a

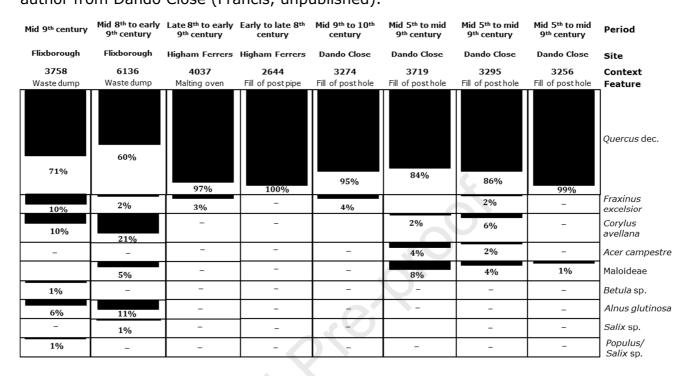
350 4. Results

351 4.1. Anthracological results

Eight samples from the three research sites were analysed (Fig. 4). 1160 fragments were identified. The presence of eight taxa were recorded, those of oak (*Quercus* dec.), ash (*Fraxinus* excelsior), hazel (*Corylus avellana*), field maple (*Acer campestre*), birch (*Betula* sp.), alder (*Alnus glutinosa*), willow (*Salix* sp.) popular/willow (*Populus/Salix* sp.) and Maloideae. All the samples contained a majority of oak fragments ranging from 60% to 100% with the next most abundant taxa being hazel and ash. These findings are comparable with the

359 diversity of species already identified from Higham Ferrers (Thompson and

Francis, 2007), Flixborough (Hall, 2000) and from the samples analysed by the author from Dando Close (Francis, unpublished).



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364 Fig. 4. Anthracological results from the sites of Dando Close, Higham Ferrers and Flixborough

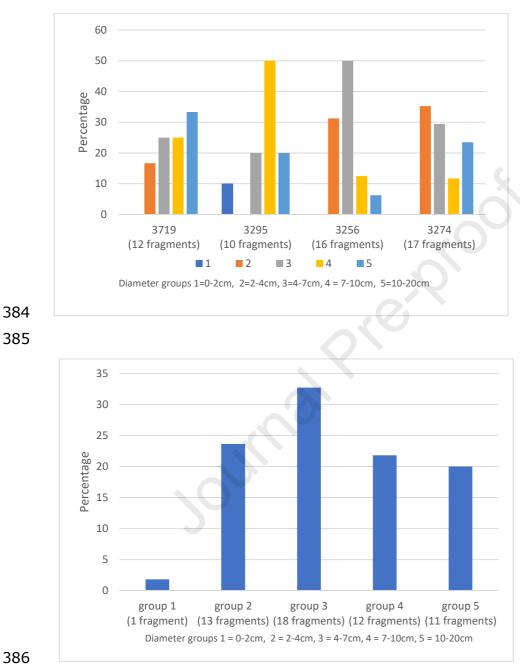
365 4.2. Dendro-anthracological results

Following the methodology highlighted above, 283 fragments of oak charcoal were analysed. 1370 annual growth rings were measured, with an average of nearly 5 rings per fragment, although exceptional fragments from the Flixborough site had up to 39 rings present. The wood's estimated diameter, sapwood/heartwood and annual growth rate will first be described. Following this the combination of these results will be detailed in terms of anthraco-groups.

- 372
- **373** 4.2.1. Dando Close
- **374** *4.2.1.1. Wood diameter*

The diameter range at Dando Close varies between 0-2 cm and 10-20 cm with the highest number of fragments (32.7%) belonging to class 4-7 cm followed by classes 2-4 and 7-10 cm. The least represented class is 0-2 cm. The distribution of wood diameter is not the same from one context to another. Thus, the fragments of between 4-7 cm are the main class in context 3256, while those between 7-10 cm dominate context 3295. Fragments of between 2-4 cm are 381 highest in context 3274 and those between 10-20 cm are highest in context 382 3719 (Fig. 5 & 6).

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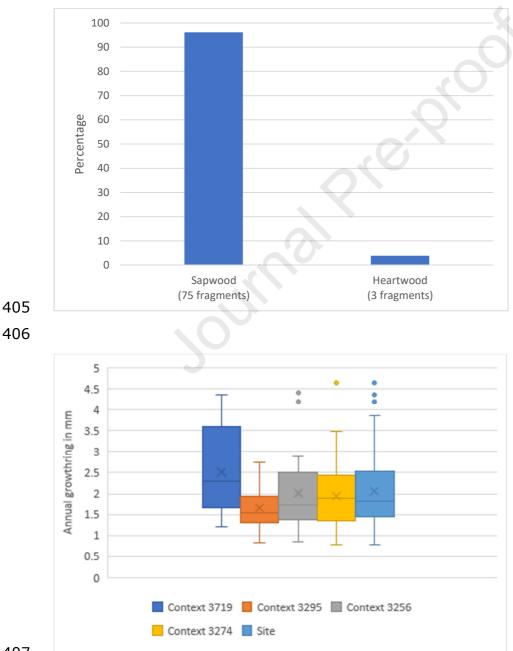


- 386
- 387 Fig.5. Charcoal fragments in percentages by context and
- 388 diameter group.
- 389 390 Fig. 6. Charcoal fragments in percentages for the site overall by
- diameter group.
- 391
- 392 4.2.1.2. Sapwood vs Heartwood

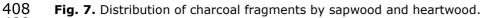
393 96% of the fragments in the assemblage were identified as sapwood (Fig. 7). 394 The assemblage contained only three fragments of heartwood, although these 395 do not appear in the anthraco-typological analysis as they did not provide a pith estimation value. The three fragments of heartwood present are found in context3719, 3295 and 3256.

398 *4.2.1.3. Annual growth*

The annual growth range for the site is between 0.77 mm and 3.85 mm with an average of 2.04 mm. The sample from context 3719 has a significantly higher average annual growth of 2.5 mm compared to that of the samples from context 3295 with 1.66 mm, context 3256 with 2 mm, and context 3274 with 1.93 mm (Fig 8.).



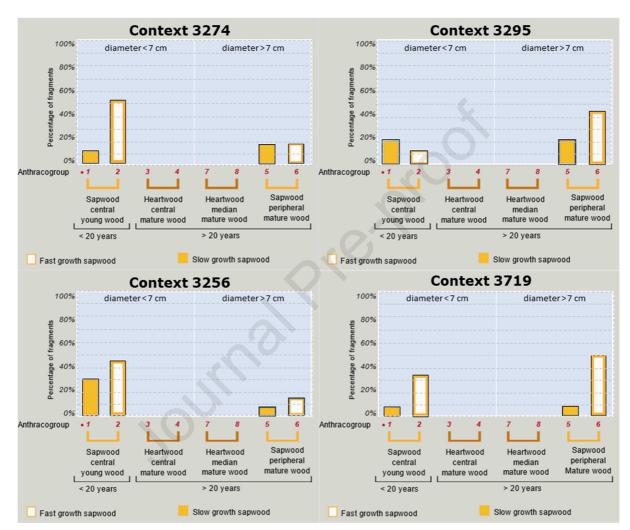




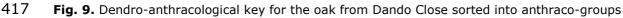
409 **Fig. 8.** Annual growth ring range by context and for the site.

410

- 411 4.2.1. 4. Anthraco-typological analysis
- 412 The charcoal was sorted between eight anthraco-groups according to the results
- 413 of the dendro-anthracological tool measurements (Fig.9.).
- 414
- 415







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There are very few differences noticeable between the contexts analysed (SM1). The combination of these three parameters indicates that at a site-wide level, there is exploitation of fast growing sapwood from young and mature trees (anthraco-groups 2 and 6) representing 68.6% of the assemblage. Group 2's average diameter for the site was 3.92 cm, its maximum diameter was 6.84 cm and its average annual growth rate was 2.28 mm. Group 6's average diameter was 10.29 cm and maximum diameter was 17.35 cm and its average annual

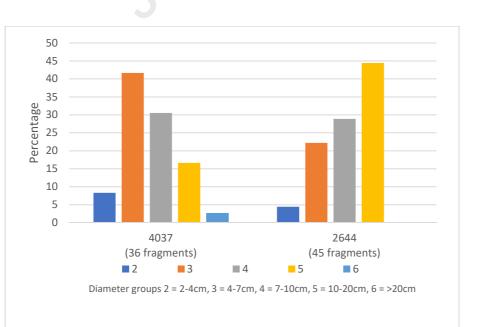
426 growth rate was 2.19 mm. Fragments from group 2 represent young wood of 427 less than 20 years old. The fragments from group 6 represent sapwood from 428 trunks over 20 years old, however the heartwood that would be expected to 429 show in groups 3, 4, 7 and 8 are not present in the assemblage.

There is also the exploitation of slow growing sapwood close to the pith (anthraco-group 1). This potentially corresponds to branch wood representing 17.64% of the sampled fragments with an average growth of 1.25 mm a year. The average diameter for anthraco-group 1 was 5.29 cm and its maximum was 6.77 cm.

- The smallest amount of fragments belong to anthraco-group 5 (13.72%). This is slow growing sapwood from the periphery of mature wood. Group 5's average diameter was 12.05 cm and maximum diameter was 18.71 cm and its average annual growth rate of 1.17 mm.
- 439
- 440 4.2.2. Higham Ferrers
- 441 *4.2.2.1. Wood diameter*

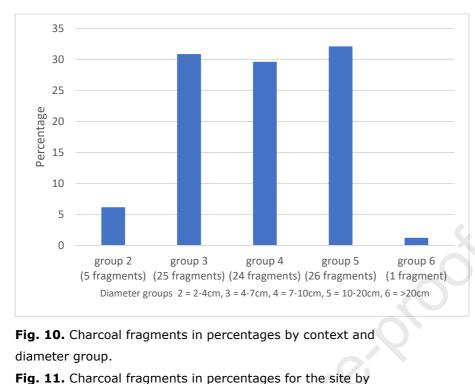
The diameter range at Higham Ferrers varies between 2-4 cm and >20 cm with the highest number of fragments (32%) belonging to the diameter class 10-20 cm followed by classes 4-7 cm and 7-10 cm. The least represented class is >20 cm. The distribution of diameter classes is not the same from one context to the other. The class 4-7 cm dominates in context 4037, while the class 10-20 cm dominates in context 2644 (Fig. 10 & 11).

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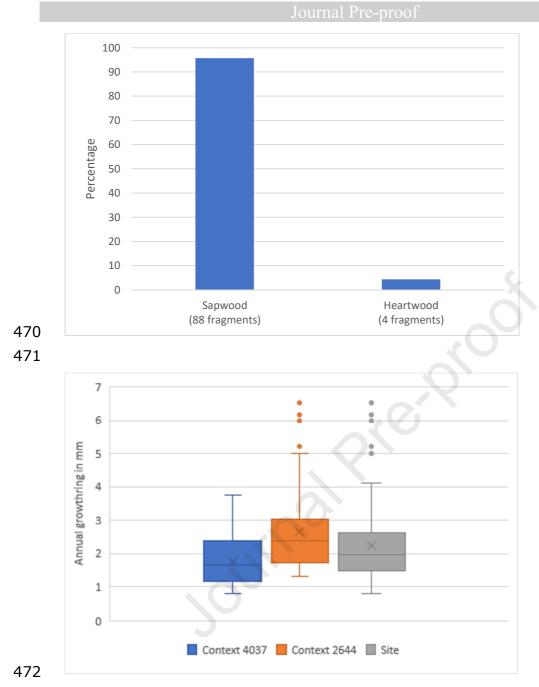
- diameter group.

- 4.2.2.2. Sapwood vs Heartwood

Sapwood dominates the assemblage with 95.65% of the fragments (Fig. 12). The small amount of heartwood comes exclusively from the malting oven context 4037.

4.2.2.3. Annual growth

The growth range for the site is between 0.81 mm and 4.1 mm (excluding the outliers) with an average of 2.21 mm. The sample from context 2644 has a significantly higher average annual growth rate of 2.65 mm with a range from 1.29 mm to 4.99 mm and outliers reaching 6.52 mm (Fig. 13). In contrast the sample from the malting oven context 4037 has a lower growth range of 0.81 mm to 3.75 mm with an average annual growth of 1.76 mm.





474 **Fig. 13.** Annual growth ring range by context and overall, for the site.

- 475
- 476 4.2.2.4. Anthraco-typological analysis

The combination of these three parameters indicates at a site-wide level the exploitation of fast-growing sapwood (anthraco-groups 2 and 6) and slow growing sapwood (anthraco-group 5) representing 88.15% of the assemblage (Fig. 14). The average diameter of fragments from anthraco-group 2 is 4.93 cm. The maximum diameter is 6.27 cm and the average growth rate is 2.69 mm. The average diameter of fragments from anthraco-groups 6 is 10.74 cm, the maximum diameter is 17.85 cm and the average growth rate is 2.59 mm. The

484 average diameter of fragments from anthraco-group 5 is 10.64 cm, the 485 maximum diameter is 15.23 cm and the average growth rate is 1.21 mm (SM. 486 2). This data suggest on one hand the exploitation of young tree trunks less 487 than 20 years old (anthraco-group 2) and on the other hand the exploitation of older trunks over 20 years old (anthraco-group 5 and 6) but whose heartwood is 488 489 under represented with only a few fragments present in anthraco-groups 4 and 8 490 of context 4037. The sample from context 2644 (the fill of a post pipe) is dominated by wood that is fast growing sapwood, the majority of which is from 491 492 anthraco-group 6. The sample from context 4037 (the malting oven) in contrast 493 has a more even spread over groups 1,2,5 and 6 suggesting the use of slow and 494 fast growing young and mature sapwood. Fragments belonging to Anthraco-495 group 1 are only found in context 4037 and account for 22.58% of the sample. 496 The average diameter is 5.72 cm, the maximum diameter is 6.72 cm and the 497 average annual growth is 1.17 mm. Context 4037 also contains a very small 498 number of fragments from anthraco-group 4 and 8 which represent fast growing 499 heartwood. The diameter of the fragment from anthraco-group 4 is 3.45 cm and 500 its growth rate is 1.68 mm. The diameter of the fragment from anthraco-group 8 501 is 13.33 cm and its growth rate is 3.76 mm.

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- 503

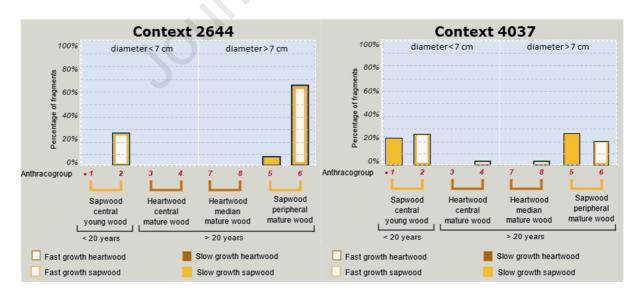
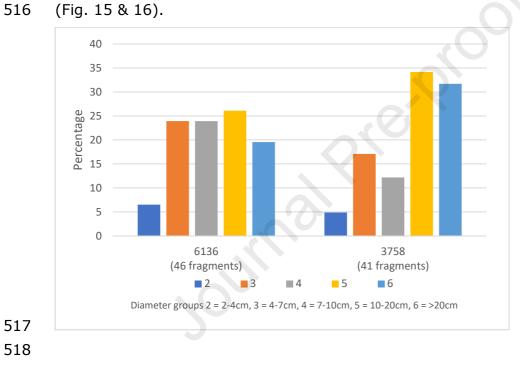
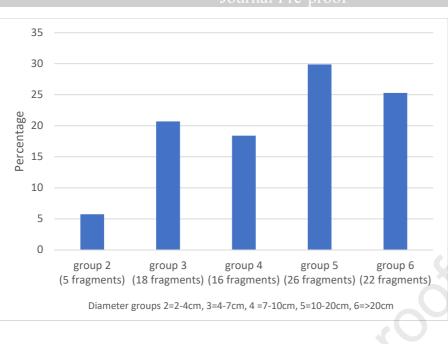




Fig. 14. Dendro-anthracological key for the oak from Higham Ferrers sorted into anthraco-groups

| | Journar 110-proor |
|--------------|--|
| 506 | |
| 507 508 | 4.2.3. Flixborough |
| 509 | 4.2.3.1. Wood diameter |
| 510 | The diameter range at Flixborough varies between 2-4 cm and >20 cm with the |
| 511 | highest number of fragments (29.88%) belonging to class 10-20 cm, followed by |
| 512 | classes >20 and 4-7 cm. The least represented class is 2-4 cm. The distribution |
| 513 | of diameter classes is not the same from one context to the other. Charcoal from |
| 514 | the 10-20 and >20 cm classes dominates in context 3758, while there is a |
| 515 | relatively even spread across classes 4-7, 7-10 and 10-20 cm in context 6136 |
| F 4 C | |





- 520521 Fig. 15. Charcoal fragments in percentages by context and
- 522 diameter group.
- 523 **Fig. 16.** Charcoal fragments in percentages for the site by diameter group
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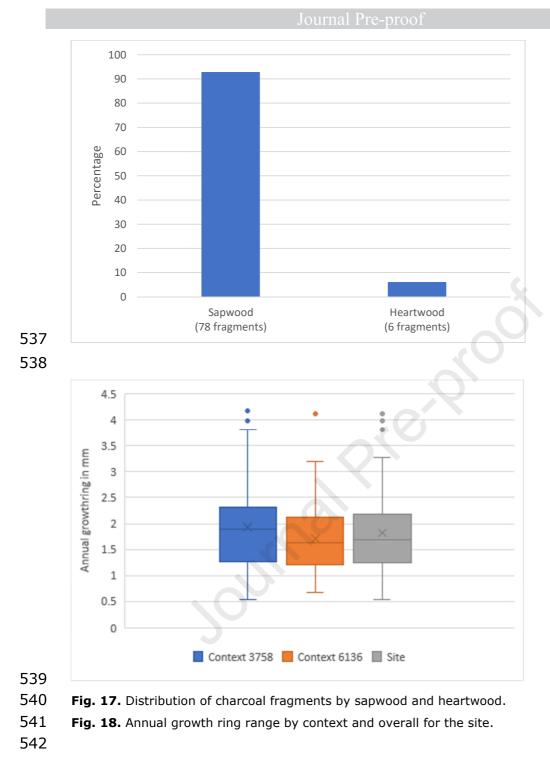
525 4.2.3.2. Sapwood vs Heartwood

526 Sapwood dominates the assemblage with 92.85% of the fragments (Fig. 17).527 The small amount of heartwood present comes from both contexts.

- 528
- **529** *4.2.3.3. Annual growth*

The growth range for the site is between 0.52 mm and 3.27 mm (excluding the outliers) with an average of 1.82 mm. Both samples have similar average growth rates with 1.94 mm for context 3758 and 1.70 mm for context 6136, although context 3758 has a higher range with growth rates up to 3.81 mm (Fig. 18).

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- 536



- 543 4.2.3.4. Anthraco-typological analysis

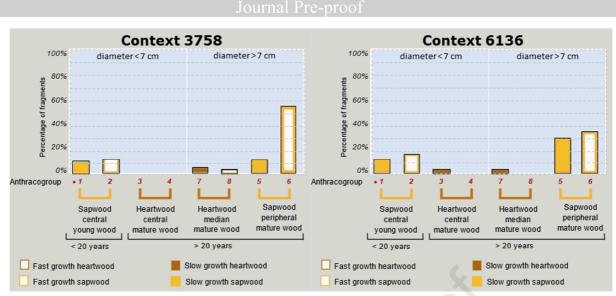


Fig. 19. Dendro-anthracological key for the oak from Flixborough sorted into anthraco-groups

550

553 The anthraco-typological results of the two contexts are very similar (Fig. 19, 554 see also SM. 3).

555 The combination of these three parameters indicates at a site-wide level the 556 exploitation of fast growing sapwood from the periphery of the trunk over 20 557 years old (anthraco-group 6), representing 44.59% of the charcoal examined. 558 Slow growing sapwood from wood over 20 years old (anthraco-group 5) 559 represents 20.27%. The average diameter of fragments from anthraco-group 6 is 24.02 cm, the maximum diameter is 104.92 cm and the average growth rate 560 561 is 2.37 mm. The average diameter of fragments from anthraco-group 5 is 16.88 562 cm, the maximum diameter is 53.44 cm and the average growth rate is 1.16 563 mm. The maximum diameter in group 5 and 6 may be erroneous due to very 564 large outliers within the sample from context 3758. In addition, they are 565 probably unreliable values as the margin of errors can be very important for 566 diameters bigger than 20 cm (see Dufraisse et al., 2020). The presence of 567 fragments belonging to anthraco-groups 3, 7, 8, 5 and 6 suggest the exploitation of trunks older than 20 years old. Considering the estimated 568 569 diameters it is likely that heartwood is underrepresented in this assemblage.

570 Anthraco-group 1 represents slow growing sapwood close to the pith and 571 potentially corresponds to branch wood. 12.16% of the sampled fragments come 572 from anthraco-group 1, these have an average diameter of 4.37 cm, a maximum 573 diameter of 5.56 cm and an average growth rate of 1.02 mm a year.

574 The presence of wood from group 2 is nearly similar across the two contexts and 575 represents 16.21% of the assemblage. Anthraco-group 2 represents fast

576 growing sapwood from young trees (less than 20 years old). The average 577 diameter of fragments from anthraco-group 2 is 5.16 cm, the maximum 578 diameter is 6.96 cm and the average growth rate is 2.36 mm. There are 579 similarities between the two samples for anthraco-group 2. The average 580 diameter for context 6136 is 5.51 cm and is 4.68 cm for context 3758. The 581 average annual growth rate for context 6136 is 2.28 mm and for context 3758 is 582 2.46 mm.

- 583
- 584

585 5. Interpretation of the anthraco-typological data

- 586 5.1. Dando Close
- 587

588 The majority of the wood is fast growing sapwood of less than 7 cm in diameter, 589 followed by fast growing sapwood from the periphery of mature trees of more 590 than 7 cm in diameter. There is no wood with a diameter over 20 cm. All four 591 contexts reflect a similar pattern that little or no heartwood is present. The 592 majority of the wood is sapwood belonging to anthraco-group 2 suggesting trees 593 that are under 20 years old. There are no standout differences between the three samples from the mid 5th to mid 9th century AD period and the one sample 594 from the mid 9th to 10th century. There are similarities between the composition 595 596 of the anthraco-groups of contexts 3256 and the later context 3274. Both are 597 dominated by similar amounts of young sapwood. They also have similar 598 average growth rates of 1.93 mm and 2.64 mm respectively. The average 599 diameters are also similar, 4.52 cm for context 3256 and 3.96 cm for context 600 3274. It may be postulated that a similar harvest strategy is being practiced, on 601 trees of a similar age and size at two different periods. Context 3274 is believed 602 to come from the short-term deposit related to the burning down of a grain store, therefore the wood may relate to the building's structure. Context 3256 is 603 604 ambiguous as it is not associated with any structure. As the sample contains 605 branch wood it is unlikely that this is the burning of a single post.

606 Context 3295 (the fill of a post hole in a sunken feature building) is believed to 607 represent a long term deposit and therefore may represent the common harvest 608 strategy for domestic fuel. If so, this represents the harvesting of oak up to 14 609 cm in diameter but also that of branch wood. The average growth for the context 610 is low at 1.66 mm, possibly suggesting the harvesting of wood from dense611 woodland where light levels are low.

- 612 Context 3719 (hearth) is believed to represent a short-term deposit. Its 613 anthracological composition is similar to that of context 3295, as are the dendro-614 anthracological results. This could represent a similar harvesting strategy for 615 domestic fuel.
- 616 5.2. Higham Ferrers

617 The majority of the wood belongs to fast growing sapwood from the periphery of mature trees. The diameter of the wood is mostly between 4-20 cm with over 618 619 95% of the wood being sapwood. The majority of the wood is in anthraco-group 620 6 suggesting the wood came from the outer section of tree trunks over 20 years 621 old. 22.58% of the fragments from Context 4037 (the malting oven) are in 622 anthraco-group 1. This suggests that some branch wood was used. No charcoal 623 from context 2644 comes from anthraco-group 1. The presence of branch wood in context 4037 could relate to the use of wood trimmed from trees as fuel 624 625 (Bernard et al, 2006), and could suggest the deliberate addition of branch wood 626 to provide a fast burn at high temperature. The malting oven sample may represent a short-term deposit and therefore could be indicative of the wood 627 628 selection strategy for the malting process. The earlier context 2644 was 629 exclusively oak and may represent structural wood as it comes from the fill of a 630 post pipe.

631

632

633 5.3. Flixborough

634 Both contexts represent the dumping of waste material, believed to be the result of the removal or renovation of buildings at the site. The anthracological 635 636 assessment shows a dominance of oak but also hazel, ash and alder as 637 secondary taxa. The majority of the wood belonged to fast growing sapwood 638 from the periphery of mature trees, followed by wood from slow growing 639 sapwood from the periphery of mature trees. The majority of the wood was 640 above 10 cm in diameter. There is very little heartwood present. The majority of 641 the wood is sapwood belonging to anthraco-group 5 and 6, suggesting trees that 642 are over 20 years old. The growth rates are similar between the two periods. 643 However, the size of wood used appears to have increased in the later context 644 3758 (mid 9th century) from an average of 18.06 cm for anthraco-group 6 up to
645 27.90 cm for group 6 in the later period.

646

647 6. Discussion

648 All three sites show a dominance in the use of deciduous oak. This suggests that 649 oak was likely to have been abundant in the local vicinities. These finding 650 support the evidence from elsewhere in Britain during this period of oak being 651 the primary source of wood for fuel and timber. Similarly, the evidence for 652 secondary taxa of hazel and ash is also in agreement (Smith, 2002, Murphy et 653 al., 2001, Huntley, 2010). The calibre of the wood varies from site to site with 654 Dando Close using the smaller size ranges. The diameter of wood being used is 655 greater at Higham Ferrers and greater still at Flixborough where there is 656 evidence of the use of large trunk wood. The size of wood at Flixborough can be 657 explained by the use in structures rather than as fuel. Whereas at the site of 658 Dando Close and Higham Ferrers contextual information suggests that most of 659 these assemblages are the result of the burning of firewood.

660 The sites of Dando Close and Higham Ferrers are comparable for several 661 reasons. The sites are both rural early medieval settlements, situated in the 662 same region. Both have similar geographic locations set on limestone ridges 663 overlooking the Nene River Valley in a region of sparse woodland. Furthermore, 664 the sampling strategies were similar, and therefore it is possible to compare the 665 results. In the case of Dando Close, the small amount of heartwood present in 666 the samples is significant. In over half these cases this can be explained by most 667 of the charcoal coming from wood that is younger than 20 years old and hence 668 would not have heartwood present. However, this does pose the question of why 669 no heartwood is present in the remaining fragments that are from wood over 20 years old. The site of Higham Ferrers also exhibits a similar absence of 670 671 heartwood. It is unsure why heartwood is underrepresented. It could be a result 672 of differential combustion or preservation. It should also be noted that the 673 sapwood and heartwood of deciduous oak have different physical properties and 674 therefore different parts of the tree may be selected for different purposes, such 675 as industrial fuel, or timber. Other hypothesis are possible as the variation of the 676 age of the duraminisation can depends on intrinsic and extrinsic parameters 677 such as oak species (including hybridization) and environment.

The annual growth of the wood when separated into anthraco-groups shows that there is similarity between the sites in group 1 and 5 (slow growing sapwood) which may suggest branches growing at similar rates. The fast-growing sapwood of groups 2 and 6 also show similarities between the sites, although fragments in group 6 from Higham Ferrers have slightly larger average ring widths.

683

In the case of Flixborough the sampling strategy (hand collected fragments) was different to the other sites and therefore it is difficult to draw direct comparisons. However, because of the exceptional preservation of large fragments of charcoal, this has provided an excellent opportunity to assess the growth patterns of these trees.

Much of the charcoal rich contexts were believed to derive from the clearance 689 690 and replacement of buildings. The original assessment of the contexts and 691 structures carried out by Loveluck and Darrah (2007) postulated that if the 692 structural oak timber posts were 25 cm in diameter, some repair would be 693 needed in the first 20 years and a significant rebuilds every 40 years. If the 694 wood had been seasoned it would last longer, also if heartwood was used it is 695 more resilient to decay and rots more slowly (Loveluck and Darrah, 2007: 54-696 55). Structural assessments found physical evidence of post pads and trenches 697 cut through to accommodate replacement posts (Loveluck and Darrah, 2007: 698 55). The assessment found that most of the timber remains would have been 699 roundwood of less than 25 cm in diameter (Loveluck and Darrah, 2007: 55). 700 This is supported by this dendro-anthracological assessment as most of the 701 fragments have an estimated diameter of over 10 cm. Loveluck and Darrah 702 (2007: 55) also state that the wood was sapwood growing at a regular annual 703 rate of up to 2 mm, consistent with trees growing in high forest (a woodland 704 consisting of single stemmed trees growing from seed to their full height). In 705 contrast, the dendro-anthracological assessment of the Flixborough oak showed 706 that 80% of the fragments analysed have irregular growth patterns, suggesting 707 either climatic or human disturbance to the trees (Fig. 20). Abnormal climatic 708 events such as drought, extreme temperatures and precipitation can cause 709 variations in the annual growth rings (Speer, 2010: 10). Physical damage to a 710 tree, like trimming, grazing, coppicing, pollarding, or removing the crown can 711 lead to the reduction in the width of the annual growth ring (Schweingruber et 712 al., 2006: 113). All of these require cutting the stem or branches of broadleaved

713 species. The process relies on the plant sprouting from dormant buds or from 714 suckers from the base of the tree (Deforce and Haneca, 2015). Trees that are 715 coppiced have a higher radial growth rate in the first years compared with trees 716 growing from seed. This is due to the large established root system of the 717 coppice stool (Haneca et al., 2005). Some of the fragments analysed from 718 Flixborough show large ring growth close to the pith for the first few years, 719 reducing thereafter.

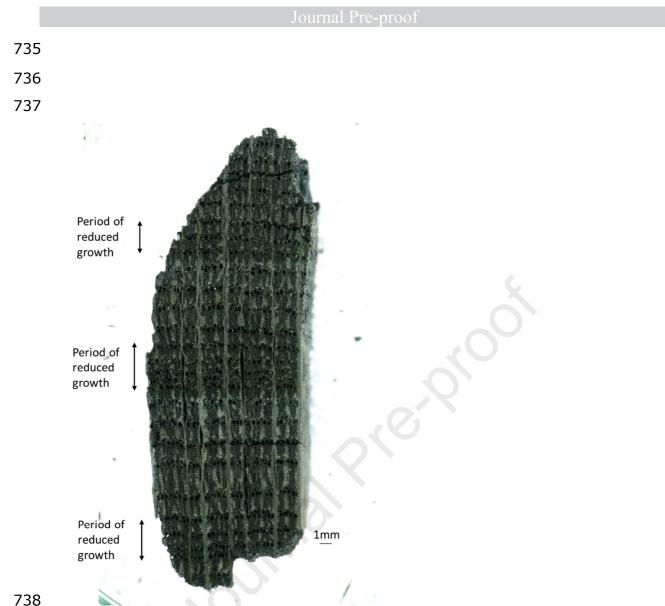
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- **Fig. 20.** Fragment 28 context 3758, showing large initial growth rings.
- 725

723

726 The process of pollarding or trimming oak causes an abrupt reduction in growth 727 resulting in a reduced ring. Late wood is reduced, there is no alteration to the 728 earlywood width in the first year after pollarding. The following two years show 729 reduced earlywood and an overall reduction in the ring width. After this point the 730 growth gradually returns to normal (Haneca et al., 2009). It is possible that 731 some of the fragments that come from trees with large diameters show trends 732 that could be the consequence of pollarding or trimming (Fig. 21). Alternatively, 733 these irregular patterns could relate to the understory being cut at regular 734 intervals.



739 Fig. 21. fragment 10 from context 6136, showing three periods of reduced growth followed by 740 subsequent accelerated growth.

741 It is our hypothesis that a form of woodland management is happening at this 742 site. During the early medieval period, woodland is believed to have been 743 broadly divided into coppice-wood and pasture wood (Rackham 1995:54). 744 Reviewing the evidence provided by the dendro-anthracological assessment, it is 745 unlikely that the wood comes from wood pasture as the average growth rate for 746 a free standing tree would be higher at around 4mm (Rackham 1995: 13). 747 Furthermore the presence of wood from younger trees would not support wood 748 pasture unless they were being protected from grazing animals. One suggestion 749 that would accommodate the findings is that of coppice with standards whereby 750 selected trees would grow to maturity within coppiced woodland. Alternatively, 751 the standards may be having their branches trimmed periodically in a form of

pollarding. The larger trees are witnessing periodic reduced growth, either as a result of the tree being damaged or as a result of the light level being steadily reduced. Once the canopy is opened up and light levels increase the trees show a growth increase.

756

757 7. Conclusion

758 The aim of this study was to expand the interpretation of the archaeological charcoal assemblages for the three study sites beyond the identification of taxa 759 760 present and the diversity of the harvested wood. The anthracological analysis 761 showed that deciduous oak was the main taxa being exploited with hazel and 762 ash as secondary taxa. The application of dendro-anthracological tools have 763 shown remarkable results, with data shedding light on the age range of the fragments, their size, growth rate and potential harvesting strategies being 764 765 employed. The samples from Dando Close provided evidence that the majority of 766 the charcoal came from fast growing sapwood from trees of less than 20 years 767 old, with an estimated diameter of between 2 – 7 cm. The charcoal from the 768 samples from Higham Ferrers represent a majority of fast-growing sapwood 769 from trees older than 20 years and with an estimated diameter of between 4 -770 20 cm. The samples from Flixborough show that the majority of the charcoal 771 came from fast growing sapwood from large trunks over 20 years old and of 772 between 10 cm and in excess of 20 cm in diameter. The evidence from all three 773 sites exhibit the lack of heartwood present. The irregular growth patterns visible 774 on the large fragments from Flixborough suggest episodic disruption to the 775 growth rate of the wood, which we postulate is being caused by a woodland 776 management regime such as pollarding or the management of coppice with 777 standard.

778

To take this interpretation further the dendro-anthracological sampling of the three sites needs to be increased so as to create a more expansive dataset. Additionally, it would be desirable to apply the dendro-anthracological tools to the next most abundant taxa, those of hazel and ash. This would allow for a wider interpretation of harvesting strategies and woodland management.

- 784
- 785

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801

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806

807 Authorship contribution statement

Robert Francis: Dendro-anthracological methodology, Anthracological and
dendro-anthracological data curation, Writing - original draft, Writing - review &
editing, Funding acquisition.

811

- Alexa Dufraisse: Dendro-anthracological methodology, participation to Writing original draft, Writing review & editing
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Declaration of interests

 \boxtimes The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: